

LUNCH BUFFETS

Minimum order of 10 guests.

PREMIUM WRAP & SANDWICH \$28

- Choice of 3 wrap and/or sandwich selections
- Chef's daily soup OR organic green chop salad with dressings (V, GF)
- Salted kettle chips and ranch dip (VG)
- Assorted pickles (V, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

SIMPLE WRAP & SANDWICH \$20.50

- Choice of 3 wrap and/or sandwich selections
- Salted kettle chips and ranch dip (VG)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

WRAP & SANDWICH ONLY \$12.50

- Choice of 3 wrap and/or sandwich selections

BOXED LUNCH \$23

- Choice of 3 sandwich selections
- Choice of 4 items:
 - Whole fruit (V, GF)
 - Veggies and dip (VG)
 - Lays potato chips
 - Salad with dressing (V, GF)
 - Cookie (VG)
 - Yogurt cup (VG)
 - Brownie (V, GF)
 - Juice box

WRAP SELECTIONS

- Grilled chicken caesar wrap
- Mediterranean chicken wrap with tzatziki, feta, tomato, cucumber, olives and greens
- Chopped chicken salad wrap with diced apple, grapes, mayo, onion, celery and greens
- Chipotle aioli chicken wrap with bell pepper, onion, corn, black beans, romaine and cheddar
- Teriyaki steak wrap with an oriental sesame cabbage slaw and spring onion (DF)
- Ground bison wrap with apple cranberry coleslaw and spring onion

WRAP SELECTIONS - DIETARY FRIENDLY

- Greek wrap with hummus, tomato, cucumber, pepper, kalamata olive, spinach and vegan cheese (V)
- Falafel with roasted red pepper, tomato, cucumber, baby kale, hummus and vegan cheese (V)
- Roasted squash, spinach, corn and quinoa salad wrap (V)

LUNCH BUFFETS

SANDWICH SELECTIONS

- Sage roasted turkey with sundried tomato pesto aioli, swiss cheese, tomato, cucumber and greens
- Sage roasted turkey and avocado club with garlic aioli, romaine, tomato, bacon and cheddar
- Sage roasted turkey with blueberry aioli, caramelized onion, tomato, cheddar and greens
- Honey ham, poached apple and brie with pineapple curry aioli and baby spinach
- Dijon ham and swiss cheese with whole grain mustard, caramelized onions, tomato and lettuce
- Roast beef, smashed avocado, mayo, crisp onion, tomato, greens & jack cheese
- Roast beef with BBQ aioli, romaine, tomato, caramelized onions and cheddar cheese
- Roast beef with horseradish aioli, greens, caramelized onion, tomato and cheddar
- Italian salami with herb ricotta, tomato, crisp onion, roasted bell pepper, olives and greens

SANDWICH SELECTIONS - DIETARY FRIENDLY

- Egg salad with dill, Tabasco, red and green onions (VG)
- Cucumber, avocado, dill cream cheese, organic greens, roasted red pepper and havarti (VG)
- Sage roasted turkey, tomato, cucumber, spinach, cranberry aioli and cheddar cheese served on gluten free bread (GF)
- Avocado and brie cheese with baby kale, tomato, cucumber and garlic aioli (VG, GF)
- Roast beef with whole grain mustard, romaine, tomato, caramelized onions and cheddar (GF)

BUILD YOUR OWN

SANDWICH BAR \$28.50

Minimum order of 20 guests.

- Kaiser buns
- Sage roasted turkey (GF)
- Roast beef (GF)
- Honey ham
- Cheddar, swiss and havarti cheese (VG)
- Tomato, cucumber, onion and lettuce (V, GF)
- Mayo, mustard and hummus
- Chef's daily soup OR organic green salad with dressings (V, GF)
- Salted kettle chips and ranch dip (VG)
- Assorted pickles (V, GF)
- Dessert squares, cookies and sliced fruit (VG)
- Choice of one: Iced tea, lemonade, punch

SUPER GRAIN SALAD BAR \$24

Minimum order of 20 guests.

- Hot cajun blackened chicken (DF, GF)
- Hot chickpea falafel (V, GF)
- Quinoa (V, GF)
- Seven grain rice (V, GF)
- Baby kale and organic greens (V, GF)
- Dried cranberries (V, GF)
- Poached peaches (V, GF)
- Grape tomatoes (V, GF)
- Red onion (V, GF)
- Cucumber (V, GF)
- Shredded carrots (V, GF)
- Paprika roasted chickpeas (V)
- Roasted pecans (V)
- Vegan mozzarella cheese (V, GF)
- Triple cheese blend (VG, GF)
- Balsamic vinaigrette (V, GF)
- Greek herb vinaigrette (V, GF)
- Italian vinaigrette (V, GF)